

Your Profractional Laser Treatment

What to Expect

- ✓ Based on the amount of downtime you have, you and your provider will agree upon the depth of the treatment.
- ✓ A “fraction” of the skin is treated. The surrounding untreated tissues promote rapid healing.
- ✓ Discomfort level depends on individual tolerance.
- ✓ To decrease discomfort during the treatment, you may want schedule time to apply topical numbing prior to the treatment.
- ✓ You will experience redness, much like a sunburn
- ✓ You may experience mild swelling and skin sensitivity and oozing.
- ✓ Pin-point bleeding may occur; this is normal.
- ✓ Results will continue to improve over the next 3 to 6 months as collagen is remodeled.
- ✓ For best results, use our Alastin Post-Procedure Kit to promote collagen production and faster healing.

7 Days Before Your Procedure

Avoid any over-the-counter medications that could cause blood thinning:

- ✓ Aspirin or aspirin-containing products
- ✓ Vitamin E
- ✓ Fish Oil

In addition

- ✓ Discontinue use of retinol.
- ✓ No sun exposure or sunburn.
- ✓ No tanning bed

Inform your Provider

The following may affect when you may have your procedure or even if you will tolerate it.

- ✓ If you are taking any blood thinning medications.
- ✓ Medication allergies or any change in your medical status
- ✓ If you are pregnant, or suspect you may be pregnant, or if you are breastfeeding
- ✓ If you are prone to cold sores.

Post-Treatment

- ✓ Wear a moisturizer with spf; make sure it is physical, not chemical (e.g. EltaMD or Alastin SPF).
- ✓ Do NOT pick or scratch at the treated area.
- ✓ Do not exercise vigorously for 48 hours.
- ✓ Use hydrating non-exfoliating skin care including a gentle cleanser.
- ✓ Apply balm to keep area moist.
- ✓ Avoid sun exposure for a minimum of 7 days.

Notes or Questions

Call us IMMEDIATELY

Contact our office immediately if any of the following occur.

- Excessive Swelling or Pain
- Increased warmth at or around the treated area beyond 48-hours post-treatment.
- Extreme Itching

Our Contact Information

(704) 997-6530