

Your Microneedling Treatment

What to Expect

- ✓ Microneedling treatment addresses fine lines and wrinkles, scars, uneven skin tone, laxity, and tightens pores.
- ✓ We will cleanse and degrease your skin.
- ✓ You will receive a topical numbing treatment for 20 to 30 minutes before we perform the Microneedling treatment.
- ✓ You may choose to add PRP (Platelet Rich Plasma) for faster healing, to encourage more collagen production, and to amplify the benefits.
- ✓ You may experience redness and swelling similar to a mild sunburn for 1 to 3 days following treatment.
- ✓ There is a potential for mild bruising, skin tightness and dryness.
- ✓ Moderate skin flaking is normal.
- ✓ Recommend 3 to 5 monthly treatments to achieve a baseline and then maintenance treatments 1 to 4 times per year.

7 Days Before Your Procedure

- ✓ Discontinue use of retinol.
- ✓ No sun exposure or sunburn.
- ✓ No tanning beds
- ✓ No neuromodulator (e.g. Botox, Dysport) or dermal filler injections (e.g. Juvederm, Restylane)

Inform your Provider

The following may affect when you may have your procedure or even if you will tolerate it.

- ✓ If you are taking any blood thinning medications.
- ✓ Medication allergies or any change in your medical status
- ✓ If you are pregnant, or suspect you may be pregnant, or if you are breastfeeding
- ✓ Are prone to cold sores
- ✓ If you have taken or are taking Accutane

Post-Treatment

- ✓ Apply sunscreen; make sure it is physical, not chemical.
- ✓ You may apply makeup the following day.
- ✓ Do not exercise vigorously for 48 hours.
- ✓ Avoid sun exposure, tanning beds, sauna, or hot yoga for 7 days.
- ✓ Avoid harsh acids (AHA/BHA) in skincare products

Notes or Questions

Call us IMMEDIATELY

Contact our office immediately if any of the following occur.

- Excessive Swelling or Pain
- Increased warmth at or around the treated area beyond 48-hours post-treatment.
- Extreme Itching
- Reoccurrence of cold sores

Our Contact Information

(704) 997-6530