

Your Laser Hair Removal Treatment

What to Expect

- ✓ Laser Hair Removal is not effective on blonde or gray hair.
- ✓ Please remove makeup and lotions before coming to your appointment.
- ✓ Ultrasound gel is used during treatment to allow the laser to glide.
- ✓ It may feel like a rubber band snap.
- ✓ You may experience redness and swelling; this is normal.
- ✓ Hair may regrow in patches; that is normal.
- ✓ Hair will begin to thin and fall out. Since every hair has a different stage of growth, we treat 4 to 6 times.
- ✓ If you do not keep regular appointments, your treatment may be prolonged.

3 to 4 Weeks Before Your Procedure

- ✓ No plucking or waxing
- ✓ No sun exposure, sunburn or tanning bed

Inform your Provider

The following may affect when you may have your procedure or even if you will tolerate it.

- ✓ If you are taking any blood thinning medications.
- ✓ Medication allergies or any change in your medical status
- ✓ If you are pregnant, or suspect you may be pregnant, or if you are breastfeeding

Post-Treatment

- ✓ Apply hydrocortisone cream for discomfort.
- ✓ Keep skin clean, especially areas that tend to sweat.
- ✓ Apply sunscreen; make sure it is physical, not chemical.
- ✓ Lightly exfoliating skin care is okay, but only to treat any ingrown hairs.
- ✓ Do not exercise vigorously for 48 hours.
- ✓ Avoid sun exposure, hot tubs, and saunas for 7 days.

Notes or Questions

Call us IMMEDIATELY

Contact our office immediately if any of the following occur.

- Excessive Swelling or Pain
- Increased warmth at or around the treated area beyond 48-hours post-treatment.
- Extreme Itching

Our Contact Information

(704) 997-6530