Your Injectable Treatment

What to Expect

- ✓ Depending on your treatment area, expect the treatment to take no more than 60 minutes.
- ✓ You most likely won't feel much pain, but discomfort levels largely depend on individual tolerance and sensitivity. We will use ice to help reduce any discomfort.
- ✓ You may experience minimal swelling and/or bruising.
- ✓ Swelling and redness at the injection site may occur for up to 72 hours after your treatment.
- ✓ Lip injections may swell more than other areas. If swelling or bruising persist past 24 hours, warm packing is recommended.

7 Days Before Your Procedure

Avoid any over-the-counter medications that could cause blood thinning:

- ✓ Aspirin or aspirin-containing products
- ✓ Vitamin E
- ✓ Fish Oil

Inform your Provider

The following may affect when you may have your procedure or even if you will tolerate it.

- ✓ If you are taking any blood thinning medications.
- ✓ Medication Allergies
- ✓ Change in your medical status
- ✓ If you are pregnant, or suspect you may be pregnant, or if you are breastfeeding as filler injections are contraindicated during pregnancy or while breastfeeding.
- ✓ ANY recent change in your medical status

Post-Treatment

You should be able to go about your normal routine right after you leave our office.

Just a few guidelines - do NOT

- ✓ Massage injected area
- ✓ Exercise vigorously
- Expose area to excessive heat (hot tub, sauna, tanning, sun)

Notes or Questions

Call us IMMEDIATELY

Contact our office immediately if any of the following occur.

- Problems swallowing, speaking, or breathing.
- Excessive Swelling or Pain
- Increased warmth at or around the treated area beyond 48-hours post-treatment.
- Extreme Itching

Our Contact Information

(704) 997-6530

