## Your 3 Wisemen Treatment

### What to Expect

- ✓ This treatment is a combination of BBL, Profractional Laser, and MicroLaser Peel. It treats wrinkles, scars, sun damage, elasticity, uneven texture, and vascularities.
- ✓ The depth of the treatment will be agreed upon between you and your provider. Usually this is dependent on the amount of downtime you have available.
- ✓ To decrease discomfort during the treatment, you may want schedule time to apply topical numbing prior to the treatment.
- ✓ You may experience redness and swelling similar to a sunburn.
- ✓ You may experience pinpoint bleeding following the procedure.
- ✓ Skin will be sensitive, and results will continue to improve for 3 to 6 months as collagen is remodeled.
- ✓ We recommend that you maintain your results by repeating the treatment 1 to 2 times per year.

#### **Before Your Procedure**

- Discontinue use of retinol 7 days prior to your procedure.
- ✓ No sun exposure, sunburn or tanning bed for 3 to 4 weeks before your procedure.

# Inform your Provider

The following may affect when you may have your procedure or even if you will tolerate it.

- ✓ If you are taking any blood thinning medications.
- ✓ Medication allergies or any change in your medical status
- ✓ If you are pregnant, or suspect you may be pregnant, or if you are breastfeeding

#### Post-Treatment

- ✓ Apply sunscreen; make sure it is physical, not chemical.
- ✓ Do not pick or scratch treated area.
- ✓ Use hydrating, non-exfoliating skin care.
- ✓ Do not exercise vigorously for 48 hours.
- ✓ Avoid sun exposure for 7 days.

#### **Notes or Questions**

## Call us IMMEDIATELY

Contact our office immediately if any of the following occur.

- Excessive Swelling or Pain
- Increased warmth at or around the treated area beyond 48-hours post-treatment.
- Extreme Itching

### **Our Contact Information**

(704) 997-6530

